

Nutritional Information

Product Name: Pure Nutmeg Extract, Natural Code: 452

| Nutrient | Amount per 100 gram of Ingredient | By Analysis | By Calculation |
|--------------------------------|--|--------------------|-----------------------|
| Caloric Value (kcal) | 385 | | X |
| Calories From Fat (kcal) | 0.00 | | X |
| Fat (g) | 0.00 | | X |
| Saturated Fat (g) | 0.00 | | X |
| Cholesterol (mg) | NT | | |
| Trans Fatty Acids (mg) | NT | | |
| Sodium (mg) | NT | | |
| Total Carbohydrates (g) | NT | | |
| Dietary Fiber (g) | NT | | |
| Sugars (g) | NT | | |
| Protein (g) | NT | | |
| Vitamin A (IU) | NT | | |
| Vitamin C (mg) | NT | | |
| Calcium (mg) | NT | | |
| Iron (mg) | NT | | |
| Other Carbohydrates (g) | NT | | |
| Ash (g) | 0.10 | | X |
| Thiamine B1 (mg) | NT | | |
| Riboflavin (mg) | NT | | |
| Phosphorus (mg) | NT | | |
| Copper (mg) | NT | | |
| Magnesium (mg) | NT | | |
| Manganese (mg) | NT | | |
| Potassium (mg) | NT | | |
| Zinc (mg) | NT | | |
| Chromium (mg) | NT | | |
| Barium (mg) | NT | | |
| Aluminum (mg) | NT | | |
| Vitamin D (IU) | NT | | |
| Vitamin E (IU) | NT | | |
| Vitamin B6 (mg) | NT | | |
| Biotin (mg) | NT | | |
| Vitamin B12 (mcg) | NT | | |
| Iodine B12 (mcg) | NT | | |
| Niacin B3 (mg) | NT | | |
| Monounsaturated Fatty Acid (g) | NT | | |
| Water (g) | 36.00 | | X |
| % Alcohol by Weight (g) | 55.00% as Ethyl Alcohol. | | X |
| Niacin Equivalent (NE) | NT | | |
| Folate (mcg) | NT | | |
| Pantothenic Acid (mg) | NT | | |
| Caffeine (mg) | NT | | |
| Sulfites (ppm) | NT | | |
| Non-nutritive material* | 9.90 | | X |

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Information entered is as much as currently available.

NT - Not Tested or No Trace.

One teaspoon equals approximately 4 grams. To determine the values for one teaspoon, divide the values shown in the above graph by 25.

* Non-nutritive material, i.e. essential oils, aroma chemicals, etc., are not metabolized by the human body and do not provide nutritive value. *This product contains smoke derived organics which are not classified as fat, protein, or carbohydrates but have caloric value of 3.5 calories/g